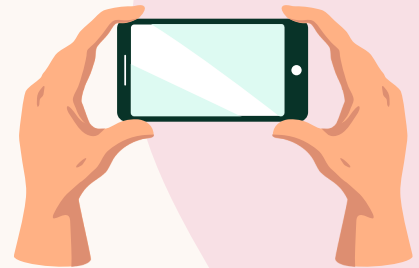


How the video should be filmed?

1

Camera position: Hold the phone/camera horizontally (landscape mode) when shooting video to ensure that everything is visible and to ensure that all videos are in the same format and that there is no need to cut someone's videos



Make sure of the following things:

1. **Lighting:** make sure that you are clearly visible in the rooms or places you are shooting.
2. **Quality:** Try to shoot in good quality. Good video quality is a clear, realistic image where you are clearly visible.
3. **Sound:** Ensure that the sound is clear. Avoid unnecessary noise and interference, and try to speak clearly.

2

3

Answer the question '**What does volunteering mean to you?**' in one word in the video.

The video should not exceed 10 seconds



**Waterford
Volunteer Centre**
Ionad d'Obair Dheonach Port Lairge

Submit your video using the link that was sent to you in the invitation letter.

When you open the link, you will see a form, and by signing it, you agree to the use of your video on our social media.

If you can't find the link or have any problems uploading your video, please email me at anna@volunteerwaterford.ie

4

Your video should be uploaded by 16 May

If you are not able to shoot the video yourself, don't worry! You can write to me and we will arrange a personal meeting and I will help you make a video! It will take very little of your time.